

# DyRef: Dynamic Reflection Framework via Graph-Based Complexity for Robotic Planning

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**Abstract**—Robotic planning tasks often involve diverse complexities, which make adaptive improvement through reflection particularly challenging. Existing LLM-based approaches typically rely on fixed routines, lacking the ability to adjust to task-specific complexity and often leading to redundant reflections. To address this, we propose DyRef, a dynamic reflection framework that models tasks as a Diagnostic Graph, measures task complexity through structural factors, and routes them through a Reflection Toolkit via a learned Routing Policy network. This design enables tailored reflection strategies that reduce redundancy and improve reasoning efficiency. Experiments in *AlfWorld* and on real-world robotic platforms show that DyRef improves first trial success rates by 16.1%, while reducing redundant reflections by 64.4%.

## I. INTRODUCTION

Recent advancements in robotic task planning have increasingly leveraged large language models (LLMs) for their ability to generate coherent multi-step plans [1], [2]. While LLM-based planning has proven effective in complex tasks, it still suffers from issues such as hallucinations and logical inconsistencies [3]. To address these limitations, reflection mechanisms have emerged [4], [5], allowing robots to revisit and correct past decisions. This transforms open-loop systems into more reliable closed-loop systems. However, existing reflection methods predominantly rely on pre-defined prompts or fixed routines, which restrict them to a limited set of heuristics. This one-size-fits-all approach overlooks the diverse characteristics of tasks, misaligning reflection with the underlying task complexity and resulting in either insufficient reflection or unnecessary overthinking [6].

Building on these observations, recent studies [7], [8] attempt to quantify task complexity and then decide the reflection level (e.g., simple vs. complex) based on this assessment (see Figure 1). This improves over fixed routines by allowing coarse adaptation to task complexity, but in real-world scenarios, task complexity is inherently multi-dimensional, involving aspects such as long-horizon dependencies, spatial reasoning, or intricate object interactions [9]. A single complexity metric fails to capture these diverse aspects, leading to inappropriate reflection, unnecessary overhead, and the accumulation of errors [10]. We therefore ask: **How can a robot dynamically adapt reflection with a multi-dimensional understanding of task complexity?**

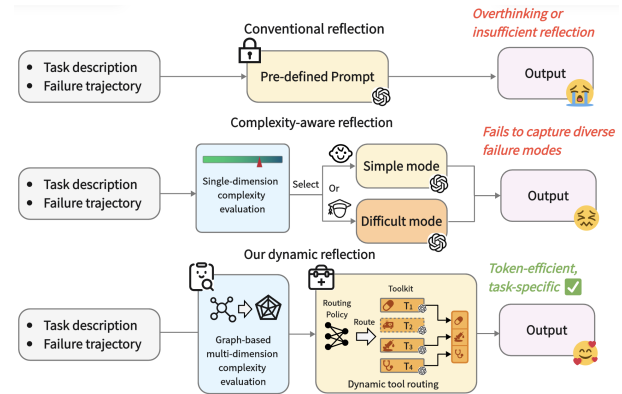


Fig. 1. Compared with existing methods, DyRef dynamically evaluates task structures and failure trajectories using multi-dimensional complexity measures derived from a graph representation. It then adaptively selects and routes appropriate reflection tools via a routing policy network.

To overcome such limitations, consider the medical domain. A doctor evaluates symptoms from multiple perspectives to build a comprehensive understanding of the illness. Based on this diagnosis, the doctor formulates a treatment strategy, which specifies how different tools—such as medicines or procedures—should be selected and combined. In a similar vein, effective reflection requires strategies that adaptively organize tools based on a multi-dimensional understanding of task complexity.

This raises two main challenges: **Lack of structured representation of task complexity.** Effective reflection depends on understanding why a task is complex—whether due to long horizons, spatial dispersion, or intricate object interactions. Such aspects are not independent; they are intertwined and often compound each other. Without a structured representation that disentangles these dimensions, existing methods resort to heuristic or uniform reflection, overlooking the actual sources of complexity. This mismatch makes reflection either too shallow to resolve real errors or unnecessarily heavy, wasting computational resources. **Besides, selecting an effective reflection strategy remains non-trivial.** The introduction of a multi-dimensional state representation creates a new problem: how to map this high-dimensional complexity to the optimal reflection strategy. This is a distinct challenge from prior heuristic selection rules, as it requires reasoning over a complex state space to balance efficacy and computational cost.

Instead of treating complexity as a flat set of statistics, we adopt a graph-based representation because tasks inherently involve heterogeneous entities (e.g., objects, actions, rooms) and multiple relation types (e.g., spatial, causal, functional).

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Graphs provide a natural and powerful abstraction to unify these elements, explicitly capturing dependencies, spatial arrangements, and interaction constraints—the very dimensions that constitute task complexity. This makes it possible to derive interpretable indicators of complexity along distinct dimensions from a single, structured representation.

Grounded in this intuition, we propose **DyRef**, a **Dynamic Reflection Framework** which integrates task representation, complexity measurement, and adaptive reflection into a coherent pipeline. First, we convert task descriptions and trajectories into a **Diagnostic Graph** that explicitly captures task goal, observation, and actions through typed nodes and structural edges. From this graph we derive four **Complexity Factors**: Dependency, Spatial, Interaction, and Structure. These capture long horizons, wide spatial scope, reliance on domain knowledge, and overall structure, respectively. Second, we introduce a **Routing Policy** network, trained in a self-supervised manner, that maps the factor vector to the most suitable tool from our **Reflection Toolkit**. Depending on the complexity, the Routing Policy adaptively assembles tools such as *Key Rule Extraction*, *Ambiguity Constraint*, *Experience Summary*, or *Lesson Pool*, forming a tailored reflection pipeline. By aligning reflection strategies with the diagnosed complexity, our method reduces reflection redundancy, prevents irrelevant error propagation, and improves overall planning success. Our contributions are threefold:

- 1) We propose **DyRef**, a unified framework that integrates task representation, complexity measurement, and adaptive reflection into a coherent pipeline.
- 2) We introduce a Diagnostic Graph that derives four Complexity Factors, which a Routing Policy leverages to dynamically select reflection tools.
- 3) We demonstrate through extensive experiments on simulated and real robotic tasks that DyRef significantly boosts planning efficiency and success rates.

## II. RELATED WORK

### A. LLMs for Task Planning

LLMs have been explored as planners for robotic tasks due to their reasoning and language understanding capabilities. Early works framed planning as sequence modeling with GPT-style policies [11], while ReAct [12] integrated reasoning with interaction. Other directions exploit program synthesis, generating code-like plans for greater reliability [13], [1], [14]. In embodied domains, methods such as SayCan [15] and LLM-Planner [1], [16] ground planning in robot affordances, ensuring that generated actions are executable. These studies show that LLMs can produce coherent plans, but they largely assume fixed reasoning capacities. When errors accumulate in long-horizon tasks, these methods lack mechanisms for explicit self-correction, motivating subsequent work on reflection.

### B. Reflection for Robotic Task Planning

To address such errors, self-reflection has been introduced, enabling agents to iteratively revise plans with feedback. Representative methods include Reflexion [4], Expel [5],

and approaches that build structured knowledge [17] or combine reflection with search [18], [19], [20]. A newer line explores *complexity-aware reflection* [7], [8], [10], such as FCRF [7], which adapts the level of reflection based on task complexity. Yet such approaches typically rely on a single metric, limiting their ability to capture the multi-dimensional nature of task complexity. Thus, while reflection improves robustness, most methods lack a structured way to formalize complexity itself. This gap suggests the need for representations that can expose multi-dimensional task factors—a role naturally suited to graph structures.

### C. Graph-based Representations for Task Reasoning

Graph structures have been widely explored to capture relational and compositional aspects of tasks. In embodied AI, scene graphs [21], [22] and object-centric graphs [23] encode entities and relations for affordance reasoning, while graph neural networks propagate information across nodes to capture dependencies and support long-horizon planning [24], [25]. These works highlight the value of structured representations for reasoning over dependencies and affordances. However, most graph-based approaches are employed as static encodings or backbone models, without being used to make task complexity explicit. Yet reflection methods require an understanding of why tasks are difficult—whether due to long horizons, spatial dispersion, or rich interactions. This creates a need for graph-based representations that not only encode structure but also diagnose and quantify the underlying sources of complexity.

In summary, prior work has advanced LLM-based planning, reflection, and graph representations, but task complexity is often treated implicitly or collapsed into a single metric. This leaves no principled way to diagnose the sources of difficulty or to adapt reflection accordingly. Our approach addresses this gap by introducing a Diagnostic Graph that derives multi-dimensional Complexity Factors, providing a structured basis for adaptive reflection.

## III. PRELIMINARIES

### A. Planning Framework

A task can be described as a tuple  $\langle \mathcal{G}, \mathcal{S}, \mathcal{O}, \mathcal{T}, \mathcal{A} \rangle$ , where  $\mathcal{G}$  denotes the task goal,  $\mathcal{S}$  is the set of all possible states,  $\mathcal{O}$  represents the observation space,  $\mathcal{A}$  is the set of candidate actions, and  $\mathcal{T} : \mathcal{S} \times \mathcal{A} \rightarrow \mathcal{S}$  is the transition function that models state changes after executing an action. The aim of planning is to search for a decision policy, expressed as a sequence of actions, that drives the system from an initial state toward the desired goal state. In LLM-based planning practice, the above task information is typically provided through a natural language description  $D$ .

### B. Self-Reflection Process in LLM-based Planning

Following Reflexion [4], we define Reflection as an iterative optimization process driven by environment feedback. At each trial  $t$ , the planner generates a trajectory  $\tau_t$  through interaction with the environment, which returns a scalar outcome  $r_t = M_{\mathcal{E}}(\tau_t)$ . Reflection then transforms the pair

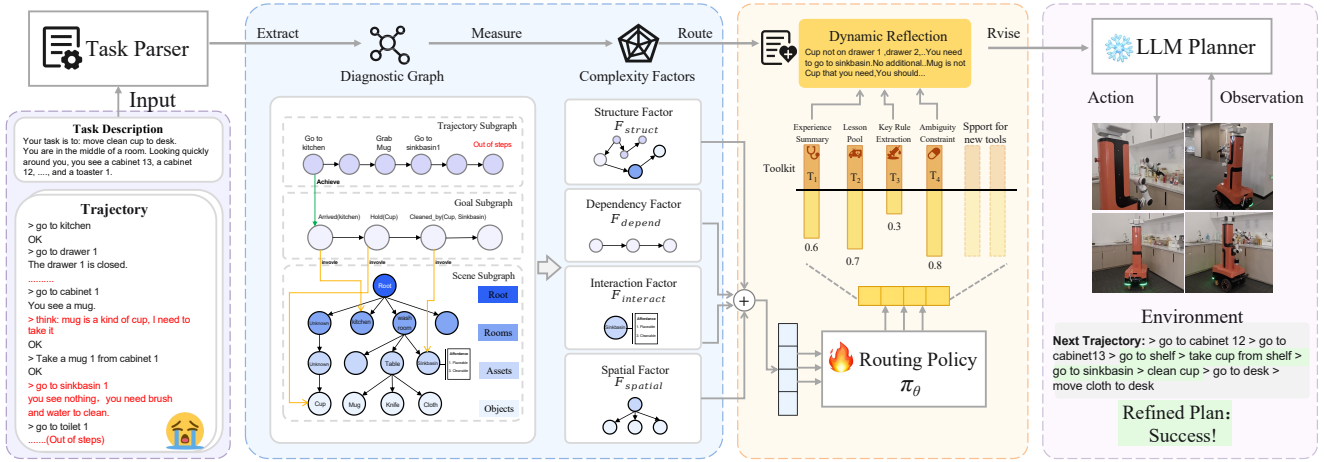


Fig. 2. Overview of the proposed DyRef framework. DyRef dynamically allocates reflection strategy according to task complexity. The pipeline consists of three components: (i) a hierarchical Diagnostic Graph that encodes task structure from descriptions and execution trajectories; (ii) four topological Complexity Factors (Dependency, Interaction, Spatial, Structure) derived from the graph, providing a structured representation of task complexity; (iii) a Routing Policy that leverages these factors to select tools from the Reflection Toolkit, enabling adaptive reflection and plan revision.

$(\tau_t, r_t)$  into a verbal feedback summary  $sr_t = M_{\text{ref}}(\tau_t, r_t)$ , which is stored in memory  $m_{\text{em}}$  to refine the decision policy in subsequent trials. The loop  $(\tau_t, r_t, sr_t)$  continues until environment feedback indicates task success.

#### IV. METHODOLOGY

In this section, we detail our proposed framework, DyRef. As illustrated in Figure 2, DyRef integrates task representation, complexity measurement, and adaptive reflection into a unified pipeline. Specifically, it comprises three core components: (i) a hierarchical Diagnostic Graph that encodes task structure from descriptions and execution trajectories; (ii) four topological Complexity Factors extracted from the graph, which quantify different aspects of task complexity in an interpretable manner; (iii) a Routing Policy network that maps these factors to tools in the Reflection Toolkit, enabling tailored reflection strategies and efficient plan revision.

##### A. Diagnostic Graph

Reflection requires structured reasoning, while text-only representations obscure relations among actions, goals, and states. We therefore introduce the Diagnostic Graph  $G_t$  a directed typed multigraph, constructed by a deterministic parsing pipeline  $G_t = \text{Parse}(D, \tau_t, r_t)$ , where  $D$  is the task description,  $\tau_t$  is the execution trajectory, and  $r_t$  is the environment feedback. The  $\text{Parse}$  function is implemented through rule-based entity extraction and event matching.

The resulting graph is decomposed into three coupled subgraphs: (1) the *Trajectory Subgraph*  $G_t^{\text{traj}}$ , where nodes are executed actions and edges encode their temporal order as well as causal failures; (2) the *Goal Subgraph*  $G_t^{\text{goal}}$ , where nodes denote logical predicates and edges capture their dependency relations; and (3) the *Scene Subgraph*  $G_t^{\text{scene}}$ , which hierarchically organizes rooms, assets, and objects, with edges encoding spatial containment (room–asset–object), and cross-links to the goal nodes when entities are involved in predicates. Each node additionally carries attributes such as state (e.g., on/off), affordances (e.g., openable, heatable).

By jointly modeling temporal order, logical dependencies, spatial hierarchy, and functional relations, these subgraphs capture the core dimensions of task complexity—temporal dependencies, spatial arrangements, and object interactions—forming a grounded basis for adaptive reflection.

##### B. Graph-based Complexity Factors

Based on the Diagnostic Graph  $G_t$ , we extract four interpretable Complexity Factors, aligned with classical graph-theoretic descriptors: path-based, coverage-based, neighborhood-based, and global structural features. All factors are normalized to  $[0, 1]$  relative to the current graph for comparability, ensuring they remain interpretable and computationally tractable.

a) *Dependency factor*  $F_{\text{depend}}$ : This factor corresponds to path-based complexity, measured by the longest directed path in the goal subgraph  $G_t^{\text{goal}} = (V^{\text{goal}}, E^{\text{goal}})$ . A longer path indicates a deeper reasoning horizon and higher temporal complexity:

$$F_{\text{depend}} = \frac{\max_{v \in V^{\text{goal}}} \text{dist}(v_{\text{src}}, v)}{\max_{u, v \in V^{\text{goal}}} \text{dist}(u, v)}, \quad (1)$$

where  $\text{dist}(u, v)$  is the length of the longest dependency path from  $u$  to  $v$ . The denominator provides normalization by the maximum path length in  $G_t^{\text{goal}}$ .

b) *Spatial factor*  $F_{\text{spatial}}$ : This factor reflects coverage complexity, measured by the number of distinct locations associated with goal-relevant objects in the scene subgraph  $G_t^{\text{scene}} = (V^{\text{scene}}, E^{\text{scene}})$ :

$$F_{\text{spatial}} = \frac{|\{\ell \mid (o, \ell) \in E^{\text{scene}}, o \in V^{\text{goal}}\}|}{|V^{\text{loc}}|}, \quad (2)$$

where  $V^{\text{loc}}$  denotes location nodes. Here,  $\ell \mid (o, \ell) \in E^{\text{scene}}$  indicates that a location  $\ell$  is included if it is connected to a goal-relevant object  $o$ . This quantifies the spatial distribution of goal objects, normalized by the total number of locations.

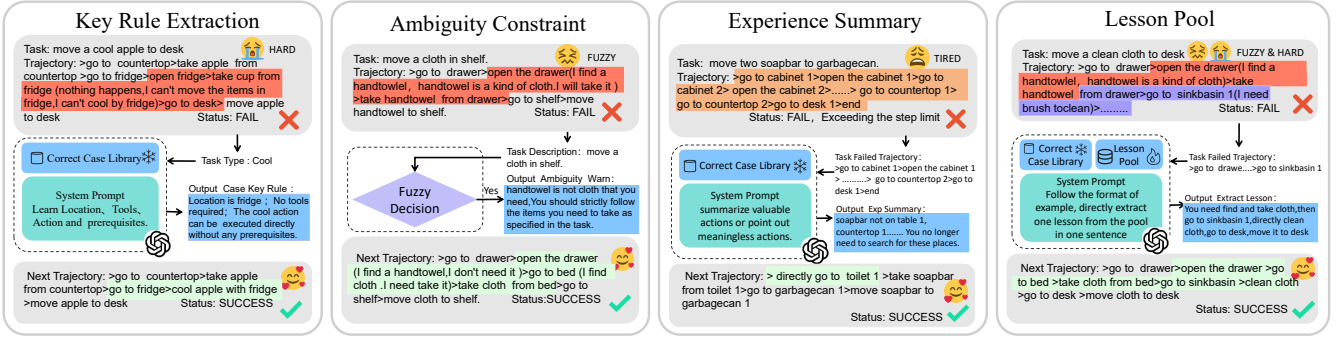


Fig. 3. Overview of the four tools in the Reflection Toolkit: (a) Key Rule Extraction abstracts task preconditions and execution rules, (b) Ambiguity Constraint detects and restricts invalid operations, (c) Experience Summary retains effective actions from past trajectories, and (d) Lesson Pool leverages corrected cases for deeper reflection. Each panel illustrates the input–output format, core logic, and a minimal example, showing how these modular tools collectively support adaptive reflection in robotic task planning.

*c) Interaction factor  $F_{inter}$ :* This factor captures neighborhood complexity, measured by the number of affordance relations exhibited by goal-relevant assets. Formally:

$$F_{inter} = \frac{\sum_{a \in V_{asset} \cap V_{goal}} \deg(a)}{\max_{b \in V_{asset}} \deg(b)}, \quad (3)$$

where  $\deg(a)$  is the degree of asset node  $a$  in  $G_t$ , restricted to affordance edges. The normalization uses the maximum degree among all asset nodes in the current graph.

*d) Structure factor  $F_{struct}$ :* This factor encodes global structural complexity of the full graph  $G_t$ . We use graph density, a measure of how densely the graph is connected:

$$F_{struct} = \frac{2|E_t|}{|V_t|(|V_t| - 1)}, \quad (4)$$

where  $|V_t|$  and  $|E_t|$  are the number of nodes and edges in  $G_t$ , respectively. All factors are concatenated into a single complexity vector  $\mathbf{x}_t = [F_{depend}, F_{spatial}, F_{inter}, F_{struct}]$ . Together, these factors characterize task complexity from complementary perspectives: dependency depth, spatial dispersion, and asset interactions emphasize local topological constraints, while graph density summarizes global connectivity of the Diagnostic Graph.

### C. Reflection Toolkit

The Reflection Toolkit is a collection of modular functions  $\mathbf{T} = \{T_1, T_2, \dots, T_K\}$ , each sharing a common interface: given the diagnostic graph, trajectory, and feedback, a tool outputs a reflection snippet from a particular perspective. It is worth noting that our focus is not on the design of individual tools but on the overall framework that integrates them.

At trial  $t$ , the routing policy  $\pi_\theta(\mathbf{x}_t)$  selects one or multiple tools based on task complexity. The selected tool outputs are order-invariant and concatenated into the final reflection text:

$$sr_t = \text{Concat}(\{T(G_t, \tau_t, r_t, \text{mem}) \mid T \in \pi_\theta(\mathbf{x}_t)\}), \quad (5)$$

which is injected back to guide the next trial. In our implementation,  $\mathbf{T}$  consists of four representative tools, each of which has been validated in previous studies [5], [7]: (1) *Key Rule Extraction*, abstracting preconditions and execution rules; (2) *Ambiguity Constraint*, detecting and restricting invalid operations; (3) *Experience Summary*, retaining effective

actions from past trajectories; (4) *Lesson Pool*, leveraging corrected cases for deeper reflection. Figure 3 illustrates these tools, and extended implementation notes are available on our project webpage.

### D. Routing Policy

A key challenge in reflection is mismatching strategies to task structure, which can lead to redundant effort and error accumulation. To address this, we design a Routing Policy  $\pi_\theta$  parameterized by  $\theta$ , which maps the task representation  $\mathbf{x}_t$  into reflection decisions:

$$\pi_\theta(\mathbf{x}_t) = \text{Mask}\{\text{Head}(W_2 \sigma(W_1 \mathbf{x}_t))\}, \quad (6)$$

where  $W_1, W_2$  are trainable weight matrices,  $\sigma$  is a nonlinearity (SiLU),  $\text{Head}(\cdot)$  projects into multiple action heads, and  $\text{Mask}(\cdot)$  applies feasibility constraints. The multi-head outputs specify reflection actions—binary switches or categorical choices—determining which tools are activated and how reflection budgets are allocated. At inference, feasibility masks suppress inconsistent or overly costly configurations under low-complexity.

### E. Offline Self-Supervised Training

Direct supervision from human labels is undesirable since tool choices can be biased and expensive to annotate, while reinforcement learning requires costly online interactions with slow convergence. Instead, we adopt an offline self-supervised scheme in which the Routing Policy learns from pseudo-labels derived from execution outcomes.

For each task, we construct a candidate set of reflection strategies  $\mathcal{A}$  by sampling between 4 and 8 plausible tool combinations. The candidates are generated through lightweight heuristics that consider task length and object diversity, ensuring coverage of strategies while keeping the set size tractable. Each candidate strategy  $a \in \mathcal{A}$  is executed once, producing a binary success indicator  $S(a) \in \{0, 1\}$  and a token cost  $\text{cost}(a) \in R^+$ . A pseudo-label  $a^*$  is then selected by trading off accuracy and efficiency:

$$a^* = \arg \max_{a \in \mathcal{A}} [S(a) - \lambda \text{cost}(a)] \quad (7)$$

, where  $\lambda > 0$  controls the success–cost balance. We determine  $\lambda$  via grid search on a validation split, with values in

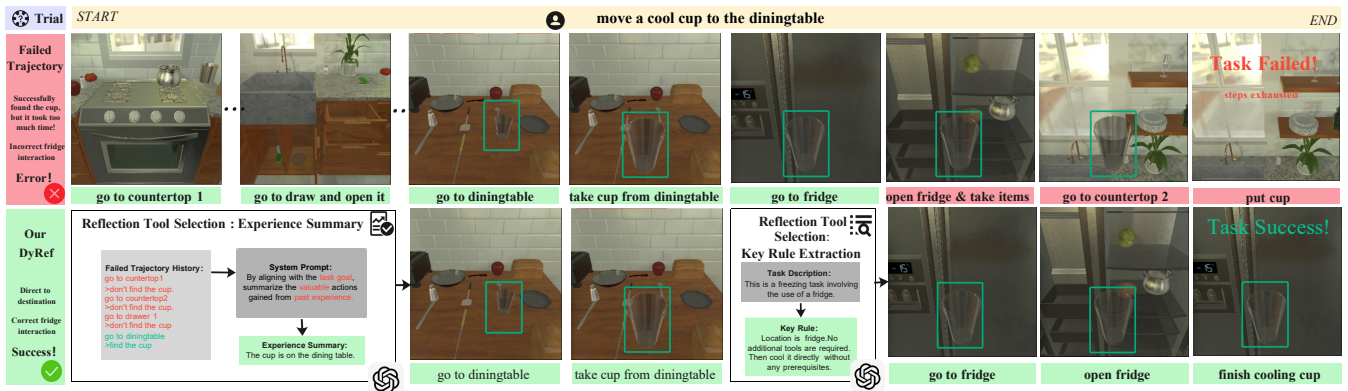


Fig. 4. In an AlWorld example, DyRef corrects a failed trajectory by selecting a combined reflection strategy of experience summarization and key rule extraction, utilizing task, environmental, and historical execution data.

the range  $[0.01, 0.1]$  yielding stable results across environments. This ensures that pseudo-labels favor successful yet economical strategies.

The Routing Policy, parameterized by  $\theta$ , is then trained to predict  $a^*$  with a loss that combines classification and cost penalty:

$$\mathcal{L}(\theta) = \text{CE}(\pi_\theta, a^*) + \eta E_{a \sim \pi_\theta}[\text{cost}(a)], \quad (8)$$

where  $\pi_\theta$  is the predicted distribution over strategies, CE is the cross-entropy loss,  $E_{a \sim \pi_\theta}[\cdot]$  denotes expectation with respect to  $\pi_\theta$ , and  $\eta > 0$  controls the cost regularization.

In practice, evaluating a small set of 4–8 candidates per task keeps the offline training cost manageable. Since candidate rollouts are executed in parallel in the simulated environment, the total overhead remains within a few times the cost of standard training, while providing diverse supervision signals. This objective enables the Routing Policy to adaptively balance task success and reflection cost from data without additional human supervision.

## V. EXPERIMENTS

In this section, we evaluate our framework DyRef in the household environment AlWorld [26] and further validate its effectiveness through real-world robotic experiments. The results show clear advantages of the proposed approach in both overall success rates and detailed performance metrics.

### A. Experimental Setup

**Environment and Dataset.** We conduct our evaluation in **AlWorld**, a text-based virtual household environment that includes five task categories: Put, Clean, Heat, Cool and Examine. Our experiments cover the full dataset of 134 tasks across these categories, each performed over five epochs of planning trials to ensure robust and generalizable results.

**Compared methods.** We benchmark our approach against four categories of representative baselines in robotic planning and reflection: 1. **Plan-Only**: ProgPrompt [1], which directly generates action sequences by LLMs based on the principle of In-Context Learning [27] principle. 2. **Reason-Only**: ReAct [12], which integrates reasoning with action generation by using LLMs to iteratively decide the next step.

3. **Reason-Reflect**: Reflexion [4], which extends ReAct by enabling reflection on failures through environmental feedback, thereby improving subsequent planning. 4. **Reason-Flex Reflect**: FCRF [7], which integrates valuable historical experiences and lessons learned from failures, enables LLMs to flexibly self-reflect based on task complexity.

**Metrics.** We evaluate the methods from three aspects:

- **Success Rate** measures the overall effectiveness of reflection and planning by calculating the proportion of tasks successfully completed at the end of the trial.
- **Efficiency** is assessed through two indicators:
  - **Reflection Cost** ( $\text{Cost}_{\text{ref}}$ ): the average number of tokens consumed during reflection, defined as  $\text{Cost}_{\text{ref}} = \frac{\text{Cost}_{\text{all}}}{E_{\text{corrected}}}$ , where  $\text{Cost}_{\text{all}}$  denotes the number of tokens consumed across all experimental rounds, and  $E_{\text{corrected}}$  denotes the number of tasks corrected through reflection across episodes.
  - **Revision Rate** ( $\text{Rate}_{\text{rev}}$ ): the proportion of errors corrected through reflection, defined as  $\text{Rate}_{\text{rev}} = \frac{E_{\text{corrected}}}{E_{\text{initial}}}$ , where  $E_{\text{initial}}$  represents the number of tasks that failed during the initial planning phase.
- **Flexibility** evaluates the adaptability of reflection length to task complexity, quantified by:
  - **Range (R)**: The difference between the maximum number of tokens in a single reflection and the minimum number of tokens in a single reflection.
  - **Coefficient of Variation (CV)**: normalized dispersion, defined as  $\text{CV} = \frac{\text{Cost}_{\text{ref,STD}}}{\text{Cost}_{\text{ref,AVE}}}$

### B. Results

The main results are presented in Table I and Table II. To balance performance and computational cost, we use the official *GPT-4o* and *Gemini 2.5* models in all experiments. Figure 4 illustrates an application of DyRef to a long-term task. Main results show: 1. Our DyRef achieved a 100% success rate in both the Put and Cool tasks. Compared to the baseline methods, its success rate improved by over 30% in examine tasks and by over 4% in the overall performance, demonstrating a significantly enhanced reflexion capability, as detailed in Table I. This improvement stemmed from its mechanism of analyzing execution failures, dynamically

TABLE I  
SUCCESS RATE OF DYREF AND BASELINES ACROSS VARIOUS ALFWORLD TASKS. OUR DYREF OUTPERFORMS OTHER METHODS.

Method	Success Rate(%)							
	Put	Clean	Heat	Cool	Examine	SR @1	SR @3	ALL SR
<i>Model : GPT 4o</i>								
Plan-Only	64.5	66.6	30.0	62.5	26.6	61.9	67.9	68.7
Reason-Only	86.3	87.5	77.1	93.3	58.3	80.6	82.8	82.8
Reason-Reflect	84.9	84.3	80.0	93.3	58.3	80.6	82.8	83.6
Reason-Flex Reflect	91.4	<b>90.0</b>	93.5	<b>100.0</b>	63.6	82.1	90.3	91.0
<b>Ours</b>	<b>100.0</b>	<b>90.0</b>	<b>95.7</b>	<b>100.0</b>	<b>83.3</b>	<b>85.8</b>	<b>93.3</b>	<b>94.8</b>
<i>Model : Gemini 2.5</i>								
Plan-Only	82.9	71.0	82.6	90.5	66.7	73.9	76.9	79.1
Reason-Only	90.2	80.6	79.2	95.7	55.6	76.1	82.1	83.6
Reason-Reflect	97.6	80.6	78.3	90.5	66.7	76.1	81.3	85.1
Reason-Flex Reflect	<b>100.0</b>	87.1	60.9	90.5	88.9	78.4	85.8	87.3
<b>Ours</b>	<b>100.0</b>	<b>93.5</b>	<b>91.3</b>	<b>100.0</b>	<b>83.3</b>	<b>91.0</b>	<b>93.3</b>	<b>94.8</b>

TABLE II  
FLEXIBILITY AND EFFICIENCY OF REFLECTION METHODS. OUR DYRE DEMONSTRATES SIGNIFICANTLY HIGHER FLEXIBILITY AND EFFICIENCY.

Methods	Efficiency				Flexibility	
	Cost <sub>ref</sub> @1 ↓	Cost <sub>ref</sub> @4 ↓	Rate <sub>rev</sub> (%) @1 ↑	Rate <sub>rev</sub> (%) @4 ↑	R ↑	CV(%) ↑
<i>Model : GPT 4o</i>						
Reason-Reflect	480.3	953.6	38.0	47.6	175	22.4
Reason-Flex Reflect	453.1	570.4	42.8	71.4	197	18.2
<b>Ours</b>	<b>260.3</b>	<b>408.8</b>	<b>66.1</b>	<b>87.5</b>	<b>268</b>	<b>25.4</b>
<i>Model : Gemini 2.5</i>						
Reason-Reflect	909.0	913.7	42.9	64.3	207	23.5
Reason-Flex Reflect	366.3	558.3	48.2	69.6	237	21.5
<b>Ours</b>	<b>219.6</b>	<b>325.1</b>	<b>76.8</b>	<b>87.5</b>	<b>258</b>	<b>31.4</b>

selecting reflection strategies based on task complexity, and effectively integrating insights from both successful and failed trajectories. 2. No significant correlation was observed between the length of reflection-generated tokens and their subsequent error-correction capability. Furthermore, empirical evidence indicated that compromised self-reflection flexibility and efficiency were associated with diminished success rates. These findings underscore the necessity of our research focus and validate the rationality of the metrics defined in our study. 3. Among all evaluated methods, the **Plan-Only** approach, which utilized simple planning based solely on input and context, achieved the lowest success rate. The **Reason-Only** and **Reason-Reflect** methods performed better. Although **Reason-Reflect** generally outperformed **Reason-Only**, it underperformed in certain specific tasks. This result suggests that reflection with fixed templates does not invariably lead to performance improvement. 4. In contrast to previous methods, DyRef dynamically adjusted the volume of reflection across a wider range with higher variability, as shown in Table II. The value of R increased by over 8.9%, and the value of CV rose by more than 39.6%, demonstrating its superior **flexibility**. DyRef also exhibited a higher revision rate and a lower reflection cost in the **efficiency** metrics, indicating robust error-correction capa-

bility and cost-effectiveness. Specifically, the Rate<sub>rev</sub> increased by more than 22.5%, while the Cost<sub>ref</sub> decreased by more than 28.4%. These results show that DyRef adaptively allocated computational resources, effectively learned from all execution outcomes, and achieved excellent overall cost-effectiveness.

## VI. ANALYSIS AND DISCUSSION

### A. Episode Analysis of Self-Reflection Process

We conducted an episode analysis to investigate the mechanisms and manifestations of the self-reflection process (Figure 6). The LLM was instructed to replan erroneous long-horizon tasks across five experimental rounds, and the completion status was observed in each episode. Key observations included the following: 1. As shown in the left figure, DyRef outperformed all baseline methods in every episode. The average revision rate increased by at least 22.1%, while reflection costs decreased by at least 38.1%. These results demonstrated the superior performance, robustness, and computational efficiency of our method. 2. Across all episodes, the Plan-Only method exhibited the lowest error-correction performance. Reason-Only and Reason-Reflect performed better yet showed similar results to each other. Reason-Flex Reflect significantly improved error correction compared

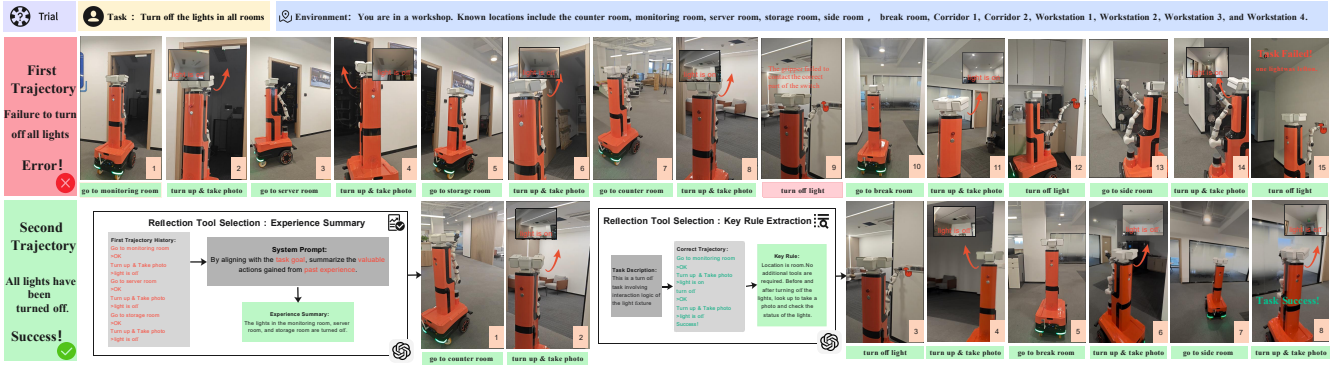


Fig. 5. Example of a failed task successfully refined using our framework.

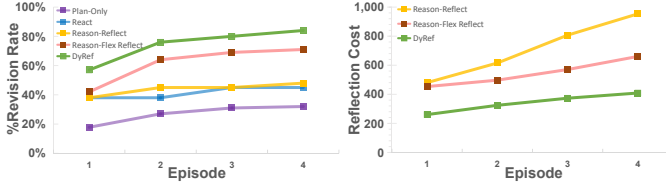


Fig. 6. Result of revision and reflection cost with different episodes. Our DyRef outperforms in all episodes, converges more quickly and has a significant lower cost.

TABLE III

ABLATION OF MODULES OF DYREF IN ALFWORLD TASKS. ALL DESIGNED FACTORS CONTRIBUTE TO THE PERFORMANCE.

Method	SR (%)		R ↑	CV ↑	Cost <sub>ref</sub> ↓	Rate <sub>rev</sub> ↑
	SR@1	SR@All				
<b>Ours full</b>	<b>85.8</b>	<b>94.8</b>	268	<b>25.4</b>	408.8	<b>87.5</b>
<b>w/o Struct</b>	83.6	89.6	198	24.7	<b>360.7</b>	75.0
<b>w/o Depend</b>	78.4	82.9	208	25.1	775.3	58.9
<b>w/o Interact</b>	72.3	83.6	<b>272</b>	23.6	823.2	60.7
<b>w/o Spatial</b>	76.9	85.1	258	23.6	810.4	64.3

to previous methods, although minimal improvement was observed in the first reflection round, indicating that it still had substantial room for overall enhancement. Our DyRef achieved a 38.6% improvement in first-round error-correction accuracy. These findings indicated that inflexible reflection hindered error correction and increased cost. In contrast, our DyRef effectively utilized examples and lessons derived from failures to achieve more effective and cost-efficient reflection.

### B. Ablation Study

To demonstrate the effectiveness of each factor and explore their interrelationships, we conducted ablation studies, with the results summarized in Table III. In the **w/o Dependence Factor** configuration, the overall revision rate was reduced by 48.6%, the success rate decreased by 11.9%, and the R value dropped by 28.8% due to the neglect of task sub-objectives. Under the **w/o Spatial Factor** setting, the reflection coefficient of variation decreased by 7.6% as a result of unaccounted environmental complexity. For the **w/o Interaction Factor** condition, the first-trial success rate declined by 18.7%, while the revision cost increased by 50.3% owing to ignored interaction logic complexity. In the **w/o Structure Factor** scenario, where the complexity of

the Diagnostic Graph was disregarded, reflection costs were reduced by 11.8% compared to the full model. However, the R value decreased by 26.1% and the revision rate dropped by 14.3%, indicating a trade-off in reflection flexibility and efficiency. The efficiency and flexibility of the method decreased when each factor was ablated, leading to a reduction in the overall success rate. Overall, the results of the ablation study met expectations across all metrics, demonstrating the contribution of each factor within our framework and confirming the rationality of our factor selection.

### C. Real-World Robotic Experiment

We developed a plan-reflect loop system based on React-DyRef to validate its application potential. A robot equipped with a robotic arm and a binocular camera system was employed. The robotic arm featured grippers and a wrist-mounted camera, and was mounted on a mobile base. The implemented functions included Put(object, location), Grab(object), Move\_to(location), Take\_picture(), Turn\_off(), and Turn\_on(). The system was tested on complex long-sequence tasks in real-world scenarios, such as turning off all room lights. The robot was required to inspect the status of all room lights on the map and ensure they remained off. Through multiple test iterations, our framework demonstrated high reliability and the capability to correct errors swiftly and accurately. After 20 repeated experiments, the first-pass reflection correction rate reached 90%. Additional details and demonstrations of the real-world scenario experiments are available on our project website and in supplementary videos.

## VII. CONCLUSIONS

We present **DyRef**, a dynamic reflection framework that adapts reflection depth and strategy to the structural complexity of robotic planning tasks. By introducing the Diagnostic Graph and four graph-based factors, DyRef provides an interpretable and tractable representation of task complexity. A routing policy then leverages this representation to select suitable tools from a Reflection Toolkit, enabling task-specific reflection pipelines rather than fixed heuristics. Extensive experiments on simulated household tasks and real robots demonstrate that DyRef improves reflection efficiency and success rates over existing methods.

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